

DINNER MENU

APPETIZERS

French Fries	3.99
Onion Rings w/ranch dressing	3.99
Jalapeño Poppers w/ranch dressing	7.99
Mozzarella Sticks w/marinara sauce	7.99
Chicken Tenders w/BBQ our own homemade recipe	7.99
Chicken Wings 10 wings served with carrots & bleu cheese	7.99
teriyaki/bbq/mild/medium/hot/white or red garlic parm	
Shrimp Wrapped in Bacon w/tiger sauce	8.99
Scallops Wrapped in Bacon Five scallops w/honey mustard	8.99
Calamari w/marinara sauce	8.99
Pot Stickers w/teriyaki, chive sauce	8.99
Fruit & Cheese Plate Fontinella cheese and seasonal fruit with dipping sauce	10.99

SALADS

Pauly's Chop Salad (His favorite)	10.99
Marinated chicken or steak teriyaki, topped with lettuce, cucumber, radishes, spinach noodles, scallions, carrots in our house dressing	
Quintessential Salad	10.99
Romaine & red leaf lettuce, fontinella cheese, tomatoes, black olives, radishes, cucumbers, carrots, and onions	
The Wedge Salad	10.99
Wedge of iceberg lettuce with tomatoes, bacon, onions and rukfert bleu cheese dressing	
Grilled Chicken Salad	10.99
Lettuce, tomatoes, onions, carrots, radishes, cucumbers with fresh grilled chicken breast	
Tuna Salad	10.99
Lettuce, tomatoes, onions, carrots, radishes, cucumbers with tuna	

CLUB SANDWICHES

All clubs served with coleslaw, pickle and fries. In-House roasted turkey and USDA top round beef cooked on premises.

Quintessence Club Turkey, ham, american cheese with cranberry mayo	11.99
Tuna Club • Chicken Salad Club • Ham and Cheese Club	
Turkey Club • Roast Beef Club • BLT Club	11.99
Packhorse (Memories...Don't Wait for Nov.)	13.99
Hot turkey, open faced with gravy, homemade stuffing, cranberry sauce, and coleslaw with mashed potatoes or fries	
The Cow (Mooooo0000)	13.99
Hot roast beef open faced with gravy, coleslaw served with mashed potatoes or fries	

KIDS' MENU 12 and under.

Chicken Tenders and french fries w/BBQ sauce our own homemade recipe	7.99
Mozzarella Sticks w/marinara sauce	7.99
French Fries	3.99
Onion Rings w/ranch dressing	3.99
Jalapeño Poppers w/ranch dressing	7.99
Grilled Cheese w/fries	6.99
PB&J w/fries	6.99

AWESOME BURGERS

100% USDA top ground sirloin, half pound burgers made fresh daily. All burgers served with fries, and coleslaw. Your choice of pink or no pink.

All American (The classic burger!) Lettuce, tomato, onions, pickles & mayo	9.99
Cheeseburger, Cheeseburger	11.99
Lettuce, tomato, onions, pickles and your choice of cheese (american, swiss, provolone, cheddar, crumbled bleu cheese)	
The Yogi (The original bear) Lettuce, tomato, onions, bacon, fried egg, & american cheese ...	11.99
Burben Delight (Kevin's favorite)	11.99
Basted with our homemade bourbon bbq sauce, together with cheddar cheese, crispy onion straws, lettuce, tomato, pickles, and mayo	
The Wedge (You won't feel bleu after this burger)	11.99
Fresh wedge of iceberg lettuce, tomato, bacon and rukfert bleu cheese	
Komakazi (From the islands)	11.99
Marinated in our homemade teriyaki sauce, topped with grilled pineapple, cheddar cheese, lettuce, tomatoes and mayo, You'll love it!!!	
The Schroom	11.99
Sauteed mushrooms, swiss cheese, and bacon, topped with crisp lettuce, tomato and mayo	
The Guac (It's always greener on the other side)	11.99
Fresh guacamole, lettuce, tomato, onions and mayo	
Wahaken (Mexican original)	11.99
Basted with cayenne pepper, 3 beans, avocado and cheddar cheese its spicy!!!	
The Birdy (This chick is goin places)	11.99
Fresh grilled chicken breast, fresh lettuce, tomatoes, and mayo with pickles and american cheese	
The Cara (It's her heaven)	11.99
Garden Burger basted with our homemade bourbon bbq sauce, fresh lettuce, tomato, onion straws, pickles & mayo	
The Veggie Garden burger with lettuce, tomato and onions & pickles	11.99

GOURMET PIZZAS

Our dough is made fresh daily • Brick oven pie • 8 slice - 12' round.

Toppings: Pepperoni, sausage, ham, mushrooms, peppers, olives, onions, bacon, roasted peppers, anchovies, chicken, tomatoes, scallions, broccoli, pineapples, salami and feta cheese

Traditional Tomato and mozzarella cheese	9.99
Neapolitano San Marzano tomatoes, olive oil, fresh basil and mozzarella cheese	13.99
Thai Pie Peanut sesame sauce with chicken, cilantro, carrots, peanuts and mozzarella cheese	13.99
Twice Baked Potato (Award winning)	13.99
Don't count the carbs! scalloped potatoes, bacon, chive, cheddar cheese, philly cream cheese, and mozzarella cheese in a white sauce	
New Heaven Clam Pie Fresh baby clams, olive oil, fresh garlic, mozzarella in a white sauce	13.99
Rustica Sweet sausage, roasted red peppers and mozzarella cheese, with red sauce	13.99
Buffalo Chicken Grilled chicken tossed in our own tangy wing sauce with mozzarella cheese	13.99
BBQ Chicken Grilled chicken in our bbq sauce with mozzarella cheese	13.99
Meat Lovers Sausage, pepperoni, bacon, ham	13.99
Cookies (Mama's Original) Banana peppers, salami, bacon, onions in a red sauce	13.99
Create Your Own Your choice with any two toppings	13.99
Veggie Mushrooms, onions, peppers and tomatoes	13.99
Ginos Tuna fish, chopped red onion and marinated artichoke hearts with mozzarella and white sauce	13.99

DINNERS

The following are served with fresh garden salad & spinach fettuccini tossed in vinaigrette. *Unless otherwise indicated.

Chicken Teriyaki (World Famous)	13.99
Our signature dish! Chicken wrapped around carrots and scallions with our famous teriyaki sauce	
Steak Teriyaki	13.99
Steak wrapped around carrots and scallions with our famous teriyaki sauce	
Shrimp Teriyaki	14.99
Five jumbo shrimp sautéed in our famous teriyaki sauce	
Teriyaki Combination	15.99
Chicken and steak wrapped around carrots and scallions with our famous teriyaki sauce	
Surf & Turf	18.99
Steak teriyaki wrapped around carrots and scallions with our famous teriyaki sauce and your choice of either five shrimp teriyaki or five shrimp scampi	
Shrimp Scampi	14.99
Five jumbo shrimp in a homemade scampi sauce	
Broiled Haddock*	15.99
In a butter, lemon & white wine sauce topped with tomatoes & scallion tips, served with rice & vegetables	
8oz Sirloin	15.99
Prime cut steak grilled to perfection	
1 Pork Chop	8.99
5oz french cut lean pork chop with apple sauce	
2 Pork Chops	13.99
Chicken Pataki	13.99
Fried with three bean medley, avocado and smothered in melted brie cheese	
SIDES	
Garden Side Salad	3.99
Spinach Fettuccini	4.39
French Onion Soup	4.99
Soup Du Jour Ask server for today's selection	Cup 2.99.....Bowl 4.99

DELECTABLE DESSERTS 4.99

Chocolate Cake • Cheese Cake • Carrot Cake
Homemade Brownie Sundae

SPECIALITY NITES
MONDAY - ITALIAN NITE
WEDNESDAY - GERMAN NITE
SUNDAY - MEXICAN NITE

ALL FOOD IS HOMEMADE AND COOKED TO ORDER.
PLEASE BE PATIENT, GOOD FOOD TAKES TIME.
IF YOU DON'T SEE IT ON THE MENU, PLEASE ASK AND
WE WILL DO OUR BEST TO ACCOMMODATE YOU.



2853 ROUTE 9
MALTA

580-1212

LUNCH • DINNER
FULL BAR
WEEKEND BRUNCH
KITCHEN OPEN TIL CLOSE!

FREE WI-FI
FREE ENTERTAINMENT
CATERING AVAILABLE

HOURS
MON-THURS: 11AM-11PM
FRI: 11AM-12AM
SAT: 10AM-12AM • SUN: 10AM-10PM



QUINTESSENCENY.COM

BRUNCH MENU

Brunch served Saturday & Sunday 10am-2pm

SPECIALTY OMELETS All selections served with toast and home fries (add cheese for .99)	
Greek Omelet - spinach, tomato, onion & feta cheese	9.99
Creole Omelet - spicy salsa, carrot, pepper & onion	8.99
Italian Zucchini Omelet - zucchini with red sauce	8.99
Western Omelet - diced ham, peppers & onion	8.99
Eastern Omelet - julienned turkey, pepper & onion	8.99
Barbeque Chicken Omelet	8.99
Steak & Pepper Omelet	12.99
Create Your Own Omelet	8.99

(choose 2 toppings from the following options: ham, bacon, sausage, onion, peppers, mushrooms, spinach)

SPECIALTY POACHED EGGS

All selections served on an english muffin with toast and home fries unless otherwise specified

Eggs Florentine - poached egg with spinach, topped with hollandaise sauce	10.99
New Englander - poached egg with Canadian bacon, topped with melted cheddar cheese	10.99
Eggs Benedict - poached egg with Canadian bacon, topped with hollandaise sauce	10.99
New Yorker - poached egg with corned beef hash, topped with hollandaise sauce	10.99
Manhattan - poached egg served on a bagel with lox, topped with hollandaise sauce	10.99

FROM THE CHEF'S CORNER

All selections served with toast and home fries	
House smoked pork chop with eggs any style	13.99
Choice Sirloin & eggs any style	15.99
Ducktrap River - Naturally smoked trout fillet with eggs any style	11.99
Spruce Point - Naturally smoked Atlantic salmon with onion & eggs any style	11.99
Homemade corned beef hash & 2 eggs any style	9.99

THE HEALTHY SIDE

Multi-grain, multi-nut, multi-seed granola	6.99
Honey-eyed French Toast - 3 slices drizzled with yogurt and honey	8.99
Quintessence Healthy Start - Tofu & farm fresh veggies with egg whites	10.99
Fruit Bowl with fresh & seasonal selections	8.99
With Fontinella Cheese	10.99
Stuffed French Toast - with cottage cheese and drizzled with honey	7.99

HOMESTYLE BREAKFAST PLATE

2 eggs any style, home fries and toast	3.99	With bacon, ham or sausage...5.75
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PANCAKES & WAFFLES

Short stack - 2 pancakes	5.99	With toppings*... 7.99
3 pancakes or Belgium waffle	7.99	With toppings*... 9.99

*Choose from Blueberries, Strawberries, Chocolate Chip or Bananas (whipped cream optional)

FRENCH TOAST

Short Stack - Two Slices	5.99
French Toast - Three slices of Challah Bread	7.99

TRADITIONAL TOAST

Cinnamon Raisin ...2.39	English Muffin ...1.99	White ...1.79	Wheat or Rye ...1.99
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MUFFINS & BAGELS

Corn, bran, blueberry muffin	2.39
Plain bagel	2.39
Add cream cheese or peanut butter	.99
Bagel with lox & cream cheese	10.99

ADD ONS...

Bacon, Sausage or Ham	2.99	Single French Toast	1.99
Canadian Bacon	3.95	Home Fries	2.25
Single Pancake	1.99	Corned Beef Hash	3.95

LUNCH MENU

APPETIZERS

French Fries	3.99
Onion Rings w/ranch dressing	3.99
Jalapeño Poppers w/ranch dressing	7.99
Mozzarella Sticks w/marinara sauce	7.99
Chicken Tenders w/BBQ	7.99
Chicken Wings 10 wings served with carrots & bleu cheese	7.99
teriyaki/bbq/mild/medium/hot/white or red garlic parm	
Shrimp Wrapped in Bacon w/tiger sauce	8.99
Scallops Wrapped in Bacon Five scallops w/honey mustard	8.99
Calamari w/marinara sauce	8.99
Pot Stickers w/teriyaki, chive sauce	8.99

SOUPS

Soup Du Jour ask server for today's selection	Cup 2.99.....Bowl 4.99
French Onion	4.99

SALADS

Pauly's Chop Salad (His Favorite)	7.99
Marinated chicken or steak teriyaki, topped with lettuce, cucumber, radishes, spinach noodles, scallions, carrots in our house dressing	
Quintessential Salad	7.99
Romaine & red leaf lettuce, fontinella cheese, tomatoes, black olives, radishes, cucumbers, carrots, and onions	
Grilled Chicken Salad	7.99
Lettuce, tomatoes, onions, carrots, radishes, cucumbers with fresh grilled chicken breast	
The Wedge Salad	7.99
Wedge of iceberg lettuce with tomatoes, bacon, onions and rukfert bleu cheese dressing	
Chicken Salad Plate	7.99
Lettuce, tomatoes, onions, carrots, radishes, cucumbers with fresh chicken salad	
Tuna Salad	7.99
Lettuce, tomatoes, onions, carrots, radishes, cucumbers with tuna	
Tuna Plate	7.99
Served on a bed of lettuce, with tuna, veggies & crackers	
Cajun Chicken Salad	7.99
Lettuce, tomatoes, onions, carrots, radishes, cucumbers with fresh grilled cajun spiced chicken breast	
Garden Salad	3.99
Lettuce, tomatoes, onions, carrots, radishes, cucumbers	
Fruit & Cheese Plate	8.99
Fontinella cheese and seasonal fruit with dipping sauce	

CLUB SANDWICHES

All clubs served with coleslaw, pickle and fries. In-House roasted turkey and USDA top round beef cooked on premises.

Quintessence Club Turkey, ham, american cheese with cranberry mayo	10.99
Tuna Club • Chicken Salad Club • Ham and Cheese Club	
Turkey Club • Roast Beef Club • BLT Club	10.99

SANDWICHES

All sandwiches served with coleslaw, pickle and fries. In-House roasted turkey and USDA top round beef cooked on premises.

Tuna • Ham and Cheese • Turkey • Roast Beef • BLT	7.99
Monte Cristo Turkey & ham with swiss cheese on french toast	7.99
Steak Sandwich On a roll with peppers, onions and provolone cheese	7.99
Grilled Chicken Lettuce, tomato, mayo and your choice of cheese	7.99
Chicken Salad Lettuce, tomato, mayo and your choice of cheese	7.99
Veggie Lettuce, tomato, avocado, olives, cucumbers, scallions and your choice of cheese	7.99
Half Sandwich & Side Served with your choice of cup of soup, salad or fries, with coleslaw and pickle	7.99
The Packhorse (Memories...Don't Wait for Nov.)	10.99
Hot turkey, open faced with gravy, homemade stuffing, cranberry sauce, and coleslaw with mashed potatoes or fries	
The Cow (Moooooooon)	10.99
Hot roast beef open faced with gravy, coleslaw served with mashed potatoes or fries	

WRAPS

All sandwiches served with coleslaw, pickle and fries. In-House roasted turkey and USDA top round beef cooked on premises.

Thanksgiving Wrap Turkey, lettuce, tomato with cranberry mayo	7.99
Ham and Cheese Wrap Lettuce, tomato and mayo	7.99
Turkey Wrap Lettuce, tomato and mayo	7.99
Roast Beef Wrap Lettuce, tomato and mayo	7.99
BLT Wrap Lettuce, tomato and mayo	7.99
Combo Wrap Turkey and roast beef, lettuce, tomato and mayo	7.99
Turkey Club Wrap Lettuce, tomato mayo and bacon	8.99
Roast Beef Club Wrap Lettuce, tomato mayo and bacon	8.99
Ham Club Wrap Lettuce, tomato, mayo and bacon	8.99

SPECIALTIES

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Our signature dish! Chicken wrapped around carrots and scallions with our famous teriyaki sauce	
Steak Teriyaki	9.99
Steak wrapped around carrots and scallions with our famous teriyaki sauce	
Shrimp Teriyaki	10.99
Four jumbo shrimp sautéed in our famous teriyaki sauce	
Teriyaki Combination	10.99
Chicken and steak wrapped around carrots and scallions with our famous teriyaki sauce	
Have it your way - Pick Any Two	6.99
Spinach fettuccini noodles, cup of soup or salad	
1 Pork Chop	8.99
5oz french cut lean pork chop with apple sauce	
Chicken Pataki	10.99
Fried with three bean medley, avocado and smothered in melted brie cheese	
Shrimp Scampi	12.99
Four jumbo shrimp in a homemade scampi sauce	

AWESOME BURGERS

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Basted with our homemade bourbon bbq sauce, together with cheddar cheese, crispy onion straws, lettuce, tomato, pickles, and mayo	
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Fresh wedge of iceberg lettuce, tomato, bacon and ruckfert bleu cheese	
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Marinated in our homemade teriyaki sauce, topped with grilled pineapple, cheddar cheese, lettuce, tomatoes and mayo, You'll love it!!!	

The Schroom	9.99
Sauteed mushrooms, swiss cheese, and bacon, topped with crisp lettuce, tomato and mayo	
The Guac (It's always greener on the other side)	9.99
Fresh guacamole, lettuce, tomato, onions, and mayo	
Wahaken (Mexican original)	9.99
Basted with cayenne pepper, 3 beans, avocado and cheddar cheese, its spicy!!!	
The Birdy (This chick is goin places)	9.99
Fresh grilled chicken breast, fresh lettuce, tomatoes, and mayo with pickles and American cheese	
The Cara (It's her heaven)	9.99
Garden burger basted with our homemade bourbon bbq sauce, fresh lettuce, tomato, onion straws, pickles & mayo	
The Veggie	9.99
Garden burger with lettuce, tomato and onions & pickles	

GOURMET PIZZA

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Rustica Sweet sausage, roasted red peppers and mozzarella cheese, with red sauce	13.99
Buffalo Chicken Grilled chicken tossed in our own tangy wing sauce with mozzarella cheese	13.99
BBQ Chicken Grilled chicken in our bbq sauce with mozzarella cheese	13.99
Meat Lovers Sausage, pepperoni, bacon, ham	13.99
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Create Your Own Your choice with any two toppings	13.99
Veggie Mushrooms, onions, peppers and tomatoes	13.99
Ginos Tuna fish, chopped red onion and marinated artichoke hearts with mozzarella and white sauce	13.99